



## The Fearless Traveller

Monica Mahajan

2021	6.5 x 9.5	400 pp	Paperback	ISBN: 9789390620388	Price: 795.00
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### About the Book

This book fulfils A to Z of your travel needs for a journey, exploring all the diversity that the World offers, with a motto that a fearless traveller is a wellinformed and a well-prepared traveller. The Fearless Traveller is a tribute to this unquenchable human thirst for travel. It prepares you to travel whether it is taking the pre-travel vaccines or packing a first-aid kit. It spells out the do's and don'ts while you trek, scuba, ride or skydive. It addresses the needs of the unborn traveller, the couple in their golden years, the pilgrim, the student, the wheelchair bound or the medical tourist. This is a treasure trove of sound technical and practical advice, which would come handy for you while you plan your next trip and even when you are deep into that trip. It inspires, it motivates. So, let's start travelling.....without fear of the unknown. Let's conquer the world.

'You cannot swim for new horizons until you have courage to lose sight of the shore' -William Faulkner

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#### **MEDICAL MANJHI: THE MOUNTAIN MAN**

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#### **About the Author**

**Monica Mahajan** :- For Monica, travel is exhilarating, travel is intoxicating, travel is relaxing. She does not miss out on any opportunity to run away from the concrete jungle and the maddening crowd. She has been involved in the management and repatriation of critically ill travellers for the past three decades. She has a passion for diagnosing and treating rare disorders. Her academic initiatives include mentoring postgraduate medical students and scientific publications including a book on 'Systemic Fungal Infections'. Monica is an expert for major newspapers and television channels. She is the panel physician for several countries. Monica Mahajan is also the Director Internal Medicine, Max Healthcare as well as I Care Centre, New Delhi.